Win Tin Swimming Club July - September 2020 Swimming **Course Application Form** (Ma On Shan & Sha Tin Jockey Club)

Attention Applicants!

Old Student* & New Student Enrolment Deadline# 1) 21 June (For the class starting before 24 July) 2) 12 July (For the class starting after 1 August)

*Any existing student applying after the 'Old student enrolment Deadline' will be regarded as a new student for processing.

For information on enrolment please refer to the 'Enrolment and Student Model Code' section.

Potential students will be recommended to join the swimming team of Win Tin Swimming Club. With over 31 years of teaching experience, Win Tin Swimming Club has been awarded as the full score swimming club of Hong Kong Amateur Swimming Association for 14 years consecutively. Win Tin Swimming Club garnered the Boys overall, Girls overall and Club overall championship over 120 times in local

Special Offer

Offer 1 – Student enrolled successfully for 2 Consecutive summer

courses (Jul – Aug) could enjoy \$150 discount.

Offer 2 – Student enrolled successfully for 1 regular course (Jul – Sep) and 1 summer course (Jul – Aug) could enjoy \$200 discount.

Offer 3 - *New student enrolled successfully on the first registration for summer course could enjoy \$100 discount.

- (Except Online Applications and Fukien Swimming Course)

 Terms 1. (*) New Student definition means NEVER apply Win Tin's Swimming Course before.

 2. This offer ONLY apply to July-September 2020 swimming course (Except student who Switch Course and Applications summitted after the course started)
 - ${\bf 3.} \ The \ offer \ cannot \ be \ used \ in \ conjunction \ with \ other \ promotional \ offers, \ discounts \ or \ cash \ coupon \ offers$

important swimming	g competitioi	15	4. WI	n Tin reserves all rights and final decision in case of dispu	ite
Application Form (Swimmer's Information □ New Student		evant options and fill in all informati		ceipt. (Please provide a self-addressed e	nvelope with a \$ 2 stamp uest will not be processed.)
Name: (Chinese)			(Englis	h)	
Telephone No.: (Mother's	s Mobile)	(Father's Mol	bile)	(Swimmer's Mobile)
Please provide a telephon	e no. that can re	ceive SMS (short message se	rvice). (Choose o	only one of the following.)	
☐ Mother's Mobile ☐ F	Father's Mobile	Other:			
Date of Birth (DD/MM/YY	YYY) :		Sex: Male /	Female	
Attending School :			Grade & Class	s: Grade Class	Student No
		Vai) (Address)			
Codes and Times of Sw	imming Cour	rses Applied for			
contact by phone to confir If the student is applying application processing wil The Club will contact the notify them of the time of	m the choice of the for "Beginners Pre I be delayed. The C parents of students the courses.	class, Win Tin will not give further 2 nd preferred class or the 3 rd preferred Course, the Course, the lub shall not be held responsible in caccepted to "Beginners Prep Course,"	d class. 2 nd preferred class a ase the student's appl ' and "Nursery Cours	nd the 3 rd preferred class must be fi ication is unsuccessful for this reaso e" by phone three days prior to the s	lled in, otherwise the n. start of the courses, to
1 st Preferred C	lass	2 nd Preferred C	Class	3 rd Preferred (Class
Swimming Course Code	Time	Swimming Course Code	Time	Swimming Course Code	Time
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2					
☐ Cannot swim ☐ Can swim, Freestyle can s	wimM · Ba	e information to facilitate the ground inckstroke can swimM, Breading Progress Chart) Level	aststroke can swim _		M
Make check payabl 泳天游泳會有限公		Swimming Club Ltd.			
carefully and sign, other I hereby declare that once I am a Swimming Club. Meanwhile, I co	wise the applicaccepted to the course declare that I am in g	we or guardians of swimmer ation will not be processed.) se I have applied to, I will comply wi good physical condition and capable in case of physical injury and proper	th the "Model Codes of participating in the	for Enrolment and Students" establi e course I have applied to and will no	shed by Win Tin ot recover

Name of Signer ·			(Relationsi	(Relationship with Swimmer:) Signature ·					
CA	Old Student\$	by C/TR/CQ (#	-	dd	D/	M)	Collected by	on	D/	M	
WT	Input by :		Remarks:					R fm	on	D/	М	

Swimming Course Categories

Students may choose from different types of swimming courses according to their ability, age and goals. There are three different levels of training with different training content:

1 Swimming Training → 2 Swimming Team Prep / School Swimming Team → 3 Win Tin Swimming Team

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Swimming Course	Age Group	Skill Level of Student	Course Details (Based on Win Tin's "Ten-Level Swimming Progress Chart")	Teacher-Student Ratio
Beginners Prep	2-3 years old	From beginners to being able to swim freestyle 5m or less Preparatory Course		1:2
Nursery	3-4 years old	From beginners to being able to swim freestyle 5m or less		
Nursery and Children*	3-15 years old		Levels One to Six Courses	For those who cannot
Children	5-15 years old	Any skill level [from beginners to those who are proficient in all of the four styles]	[Flexible teaching methods, courses are conducted in wide designated pools/lanes, and	Forthose who can swim 50m: 1 : 8
Adults	16 years old or above		students are divided into groups according to their ability]	1:8
Swimming Team Prep	5-8 years old	Being able to swim freestyle 100m or more, backstroke or breaststroke 50m or more	Levels Six to Seven Courses	1:15
Four Styles Improvement	8-16 years old	Being able to swim freestyle 200m, backstroke 100m, breaststroke 100m and butterfly stroke 50m	Level Seven Course	1:15

^{*}This course category is designated to be carried out in public swimming pools, and is not available in other pools.

Win Tin's "Ten-Level Swimming Progress Chart"

Consists to ten levels. To ensure students' learning progress and safety, necessary changes will be made to the courses of this program according to the limitations of the arrangement of individual pools.

arrangement of in		e Content	Objective		
Level	Training Focus	Cours	e Content	Objective	
Eight to Ten	Enhance the competition technique of 4 styles.	The middle to advance training system for Win Tin's swimming team For details regarding Win Tin swimming team course content, please visit our website: www.wtsc.com.hk		Improve personal confidence, determination ar resilience, etc. Have opportunities to participate in territory-wie public swimming contests Outstanding performers will be recommended to join the Hong Kong National Squad Training Team	
Level	Main Style to Learn	Course Conte	ent and Sequence	Objective/Test	
Seven	All 4 styles – Butterfly stroke, backstroke, breaststroke and freestyle	Swimming competition rules Improvement of jump-off, turn and pool-touching finish movements	Improvement of four styles techniques Enhancement of endurance, speed and competition techniques.	Be able to complete 100 m in four styles Be able to complete time test for 50 m freestyle, backstroke, breaststroke and butterfly stroke Timed test for 50 m freestyle kicking using a kickboard	
Six	Butterfly stroke	Leg and arm technique Arm and leg movement coordination Technique decomposition	Arm and leg movement, and breathing coordination Improvement of four styles' start techniques	Be able to complete 200 m in freestyles, 100 m backstroke and breaststroke, and 50 m butterfly stroke Timed test for 50 m freestyle kicking using a kickboard	
Five	Breaststroke	Leg and arm technique Arm movement and breathing coordination Arm and leg movement, and breathing coordination	Treading in water Breaststroke start technique	Be able to complete 100 m in freestyles, 50 m backstroke and 50 m breaststroke Timed test for 50 m freestyle kicking using a kickboard	
Four	Backstroke and breaststroke kicking	Freestyle and backstroke technique improvement Freestyle and backstroke distance training	Backstroke jump-off movement Breaststroke kicking and arm movements	Be able to complete 50 m freestyle and 25 m backstroke Timed test for 50 m freestyle kicking using a kickboard	
Three	Freestyle and backstroke	Freestyle and backstroke Basic freestyle jump-off movements	Backstroke arm techniques Coordination of backstroke arm and leg techniques	Be able to complete 25 m freestyle and 12.5 backstroke Timed test for 25 m freestyle kicking using a kickboard	
Two	Freestyle and backstroke kicking technique	Freestyle arm and leg movements and kicking breathing coordination (with kickboard) Freestyle arm and leg movements and kicking breathing coordination	Backstroke floating and body position Backstroke kicking	Be able to complete 12.5 m freestyle Master basic backstroke kicking	
One	Freestyle	Learning basic swimming techniques in a relax way, in a safe and comfortable swimming environment. Basic leg movements and exhalation under water	Coordinate leg movements with breathing (straight arms holding the edge of the swimming pool) Floating kicking and basic arm movements Enhance self-confidence	Master basic breathing technique Float-kicking Basic arm and leg movements and breathing technique Be able to swim 5 m freestyle	
Beginners Prep	Swimming interest cultivation and aquatic safety learning	Aquatic safety knowledge learning Cultivate swimming interest through games in water Exhalation under water (blow air bubbles)	Learn moving forward in water Learn freestyle kicking and arm movements using a kickboard	Be able to exhale in water while using a kickboard and finish 5 m freestyle kicking	

Swimming Pools in New Territories

Sha Tin Jockey Club Swimming Pool

Address: 10 Yuen Wo Road, Sha Tin Water depth: 1.3 m (25-meter standard pool) Meeting place: Swimming pool main entrance Remarks: Except for temporary closures or match days, parents may bring their own swimming pool plastic slippers and enter the swimming pool area to observe the lesson at their own cost. (Daily temporary closure hours: 12 noon - 1pm;

6:30pm - 7:30pm)

Ma On Shan Swimming Pool

Address: 33 On Chun Street, Ma On Shan, Sha Tin. Meeting place: Swimming pool main entrance Remarks: Except for temporary closures or match days, parents may bring their own swimming pool plastic slippers and enter the swimming pool area to observe the lesson at their own cost.

(Daily temporary closure hours: 12 noon - 1pm; 6:30pm -7:30pm)

Application Methods

Submit paper application form

Step 1 Fill in all information about the swimmer

Step 2 Fill in the desired courses and times

Step 3 Prepare a cheque of the required amount We do not accept cash in the pool.

Step 4 Submit the application form along with the cheque to the Club's office personally or by mail or deliver the same to the Club's swimming pool staff personally

Submitting payment by cheque:

- Make the cheque payable to: Win Tin Swimming Club Ltd. (We do not accept promissory notes and postal money orders.)
- Cash is accepted in Win Tin Office for enrollment; Address: Room 1205, Fortress Tower, 250 Kings Road, North Point



Children Course (5 to 15 years old)

Eligibility: : Any skill level

Teacher-student ratio: 1:6 (for those who cannot swim 50m) / 1:8 (for those who swim 50m)

Pool	Swimming Course Code	Date	No. of Lesson	Weekly On	Summer Course Available Session (1 hour per lesson)		Fee per Lesson	Assessment Date
Ma On Shan	MOS-1MWF	20/7 – 7/8	9	Mon, Wed &	1:00 pm* 2:15 pm*	\$1,125	\$1,125 Ma On Shan	
IVIA OII SIIAII	MOS-2MWF	10/8 - 31/8	10	Fri	1:00 pm* 2:15 pm*	\$1,250	\$125	26/8
Sha Tin Jockey Club	ST-1TT	21/7 – 6/8	6	Tue &	5:30 pm 6:30 pm#	\$750	Sha Tin Jockey Club	N/A
	ST-2TT	11/8 – 27/8	6	Thu	5:30 pm 6:30 pm#	\$750	\$125	20/8

[#] Except for temporary closures or match days, parents may bring their own swimming pool plastic slippers and enter the swimming pool area to observe the lesson at their own cost. (Daily temporary closure hours: 12 noon - 1pm; 6:30pm - 7:30pm)

^{*} Class without specific lanes

Enrolment and Student Model Code

Enrolment and Acceptance:

All students who intend to apply (whether new or old) must fill in all information in the application form and submit a proof of payment which meets the specifications (check or bank deposit receipt; please refer to the "How to apply" section on the application form). If there is missing information on the application form or the proof of payment does not meet the specifications, the Club reserves the right to not to process the application without providing any notice. The Club shall not be held responsible in case the student's application is unsuccessful for this reason.

All fees required for enrollment must be successfully paid before the start of the swimming courses, otherwise the Club reserves the right to deem the application forfeited. The Club also reserves the right to deny the students attending lessons should there be any unpaid fees.

The Club reserves the right to reject any applications submitted after the courses have started. If the Club accepts such applications, the students must pay the full cost of the

started. If the Club accepts such applications, the students must pay the full cost of the courses. All students enrolled in the Nursery and Children Course, Children Course, Adults Course and Swimming Team Prep Course in the previous term must submit an application and pay the fees by the old student enrolment deadline, and the Club will accept students in the "first come, first serve" manner due to the limited quota of places of each swimming course; otherwise the Club will process their applications as for new students. All new students enrolling in the Nursery and Children Course, Children Course, Adults Course and Swimming Team Prep Course must submit an application by the new student enrolment deadline. Applications submitted or payments made after the enrolment deadline may cause delayed processing which results in failed application, which the Club shall not be responsible for.

All students enrolled in the Beginners Prep Course, Nursery Course and Four Style Improvement Course in the previous term will be given priority in acceptance when they reapply to the same class and pay the fees by the old student enrolment deadline. All new students applying to the Beginners Prep Course, Nursery Course and Four Style Improvement Course must submit an application by the new student enrolment deadline and their acceptance will be decided by lottery. Applications submitted or payments made after the enrolment deadline may cause delayed processing which results in failed application, which the Club will not be responsible for.

The Club will individually notify by phone (or partly by SMS) the enrolment status of students who have applied for the Beginners Prep Course and Nursery Course three days prior to the start of the course and Swimming Team Prep Course, the Club will notify the enrolment status of students who have applied for the Beginners Prep Course and Swimming Team Prep Course, the Club will notify the enrolment status of students who have applied for the Beginners Prep Course and Swimming Feam Prep Cour

lessons.

If an application is unsuccessful, the Club will handle the submitted fees according to the student's will. If the student requires a refund, the Club will mail a cheque to the student's address stated on the application form within 30 working days after the start of the class the student applied to. If a student does not meet the requirements for the course he/she is enrolled in (e.g. insufficient level of swimming skill) as confirmed by the coach during the first lesson, the Club will switch the student to an appropriate course. The student should pay the difference in fees. If the new course costs less than the original course, the Club will handle the exceeding amount according to the student's will. The student may withdraw from the course if he/she is not satisfied with the course switched. A cheque carrying a partial refund for the remaining lessons will be mailed to the student's address stated on the application form within 30 working days.

If there are any extraordinary circumstances, the Clubs reserves the right to change the coaches, class times and locations.

Arrangements for Leave of Absence and Making up Missed Lessons:

No make-up lessons are allowed for the "Swimming Team Prep Course". Students in all other courses may apply for one make-up lesson for every five lessons (e.g. if there are six lessons for a swimming course, one make-up lesson for every five lessons (e.g. if there are six lessons for a swimming course, two make-up lessons are allowed; and so forth.) There is no make-up lesson for the first lesson of all swimming courses. Should the student apply sick leaves, a valid medical certificate must be provided on the day of lesson. The medical certificate is valid within three days of the absent lesson. For excused leaves, the student must make a request to the class assistant or manager residing at the swimming pool fourteen days prior to the leave. The Club reserves the right to not to process any requests for leaves and make-up lessons submitted less than fourteen days prior to the leave and the student will be deemed absent without authorization and not be given any make-up lessons.

The Club will arrange for lessons at appropriate skill level for students as make-up lessons. Students may inquire and make arrangement with the swimming pool manager or assistant regarding issues of make-up lessons. Student must complete all the make up lessons in the same term. If the student is unable to take the make-up lessons (e.g. failure to arrange a schedule etc.) or unable to finish the make-up lessons within the same term, the Club reserves the right to deem that the student has renounced the make-up lessons and not make further arrangement of make-up lessons. He same lesson twice. All arrangements for make-up lessons on an amage of make-up lessons with death is absent for a make-up lesson, he'she is deemed to have renounced the make-up lessons and the Club will not arrange to make up for the same lesson twice. All larrangements for make-up lessons or or make-up lessons in the same term. If the student is absent for a make-up lesson he'she is deemed to have renounced the make-up lesson are or make-up lessons. No refund shall

Arrangements for Assessments:

There will be no assessments for courses with less than eight lessons. The Club will reserve the right to change the dates of assessments and inform students of such changes during lessons.

The Club reserves the right not to hold make-up assessments for students who are absent or take leave of absence during assessment days.

Starting from the 1st July 2014, the Club will distribute a "Progress Assessment Report" to students instead of the previous progress report or certificate, and the "Progress Assessment Report" will also show the student's exam results.

The Club will issue a "Progress Assessment Report" at the last lesson of the course. Students who are absent or take leave of absence on that day shall obtain the "Progress Assessment Report" at the swimming pools within six months after the end of the course. If the student would like to obtain the certificate after such period (no certificates overdue for six months or more will be re-issued), the Club will collect a processing fee of HKD 130. The student must pick it up personally at the Club office or the swimming pool. Student is also optional to obtain the certificate by post (Surface Mail), and the Club will collect a processing fee of HKD 150.

If the assessment results are satisfactory, the Club will recommend the student to join Win Tin Swimming Team for further training.

Starting from 1st July 2014, if the student would like to obtain the certificate, the Club will collect an administration fee of HKD 30 for each certificate and student should pick it up personally at the Club office or the swimming pool. For obtaining the certificate by post (Surface Mail), the Club will collect an administration fee of HKD 50. The Club will collect and administration fee of HKD 50. The Club will collect and administration fee of HKD 50. The Club will collect and administration fee of HKD 50. The Club will collect and administration fee of HKD 50. The Club will collect and administration fee of HKD 50. The Club will collect and administration fee of HKD 50. T

Other fees:

The Club will collect a fee of HKD 25 from students enrolled in the Swimming Team Prep Course for the purchase of the first swim cap or the replacement for each damaged or lost swim cap (charged on each individual occasion); students in Four styles improvement courses have to pay HKD 25 for the replacement of a lost swim cap (charged on each individual occasion); all students in other swimming courses have to pay HKD 20 for the replacement of a lost swim cap (charged on each individual occasion). The Club will provide ONE swim cap for each new student in all swimming courses free of charge. Except for students in the Swimming Team Prep Course, all students may replace worn out swim caps with a new one free of charge (Not applicable to man-made damages). If parents or guardians of students desire to observe the lessons, they must pay the entrance fee for public swimming pools (no entrance is permitted during temporary closure of public swimming pools). For non-public swimming pools, pease refer to the Swimming Pools section on the application form for observation arrangements.

If student would like to cancel the application due to any personal reason after the application has been submitted successfully, administration fee of HKD\$100 have to be paid for any cancel class.

cancel class

Course rules:

Students have to bring the following items to lessons:

1. Swim cap of the Club (each new student will receive ONE swim cap free of charge during the

Swim cap of the Club (each new student will receive ONE swim cap free of charge during the first lesson);
Swimming suit / swimming trunks;
Swimming goggles;
Beach robe / towel;
Swimming pool slippers (must be slip-proof; please do not wear sandals)
To avoid hindrance to the learning progress, the Club does not encourage students to take leave or skip lessons without a sound reason.

Only enrolled students are permitted to attend the lessons. Upon discovery that others have attended the lessons instead, the Club will terminate the student's enrolment status immediately and no refund of the fees paid will be made to the student. Students are not allowed to switch to a class of a different time or date by themselves. Upon discovery, the Club reserves the right to terminate the student's enrolment status and no refund of the fees paid will be made to the student.

- Students must arrive at the meeting place of the swimming pool 15 minutes prior to the start of lessons and be led to the swimming pool by the Club's coach or teaching assistant. Late arrivals are considered an absence and the Club will not arrange for make-up lessons. For safety purposes, at the end of lessons students must follow the Club's coach or teaching assistant in leaving the swimming pool and be dismissed. If the students desire to continue swimming after the lessons, they must be dismissed first and then re-enter the swimming pool on their own (applicable only to students taking lessons at public pools and dependent on whether the swimming pool is open for public use at that time).
- If the students (including parents or guardians of students) cause damage to any public property, they must make compensation at the market value.

 The Club does not encourage students to bring valuable items to lessons. The Club is not

responsible for any property loss occurred during lessons.

Students must obey swimming pool regulations and follow the instructions of the Club's staff; otherwise the Club reserves the right to terminate the students' enrolment status and no refund of the fees paid will be made to the students.

The Club is not responsible for bodily injuries caused by accidents outside the swimming pool area or not during the lessons.

- area or not during the lessons.

 On the condition that private club swimming pools, school swimming pools and public swimming pools are open to the general public, parents or guardians of students may choose to enter to observe the lessons. Yet, the Telford Recreation Club allows only 25 parents with a swimming pool pass per hour in the "Swimming Pool Parents' Area"; other parents may only go to the "Rooftop Parents' Area" and "Rooftop Locker Room". For swimming pool passes and rules please inquire with the Club. Those who choose to enter the swimming pool area must obey the swimming pool regulations, wear their own swimming pool slippers or use the slippers or shoe covers provided by the Club; those who are entering public swimming pools must wear swimwear and pay to enter through public entrance gates. entrance gates.
- All those (including but not limited to students or parents or guardians of students) entering private club swimming pools and school swimming pools must follow the arrangements of the Club's staff (including but not limited to arrangements on observing lessons). The Club reserves the right to deny entrance to anyone who refuses to follow the arrangements. If any loss is incurred because of this, the Club will not arrange for make-up lessons or compensations in any other way.

All persons (including but not limited to students or parents or guardians of students) should not use any other facilities affiliated to private club swimming pools or school swimming pools (except for facilities open to the general public and allowed to be used as permitted by the staff thereof, or certain facilities that such persons are qualified to use). If the event of discrepancies between the Chinese and English versions, the Chinese version

shall prevails

Arrangements for Adverse Weather

*For more information please visit the Club's website: www.wtsc.com.hk

	Arrangements for						
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	Adverse Weather	/ Thunderstorn	Amber 黄		Red 紅	Black 黑	
	PLK Siu Hon Sum Primary School						
	Swimming Pool	Normal		Cancelled		Cancelled	
f	Heep Yunn School Swimming Pool						
t	La Salle College Heated Swimming	Normal			Can-	Cancelled	
,,	Pool				celled	Cancelled	
3	Other Swimming Pools	Norma		nal		Cancelled	

Information on Win Tin Office

Address: Room 1205, Fortress Tower, 250 Kings Road, North Point (MTR Fortress Hill Exit B and turn right)

Tel: 25122793 Fax: 2512 2486 Website: www.wtsc.com.hk E-mail: course@wtsc.com.hk

Office Hours: Monday — Friday 9:30am — 1pm, 2pm — 5pm; Saturday 9:30am — 1pm; Closed on Sunday and public holidays