# Win Tin Swimming Club

# January - February 2021

## **Swimming Course Application Form** (Morrison Hill & Siu Sai Wan)

Old Student\* Enrolment Deadline: 6 DEC New Student Enrolment Deadline: 13 DEC \*Any existing student applying after the 'Old student

**Attention Applicants!** 

enrolment Deadline' will be regarded as a new student for processing. For information on enrolment please refer

to the 'Enrolment and Student Model Code' section. \*For information on enrolment please refer to the 'Enrolment and Student

Potential students will be recommended to join the swimming team of Win Tin Swimming Club. With over 30 years of teaching experience, Win Tin Swimming Club has been awarded as the full score swimming club of Hong Kong Amateur Swimming Association for 14 years consecutively. Win Tin Swimming Club garnered the Boys overall, Girls overall and Club overall championship over 120 times in local important swimming competitions

#### Special Offer

Student enrolled successfully for January - February 2021 courses before 31 December 2020 could enjoy \$100 discount.

- Terms 1. The offer cannot be used in conjunction with other promotional offers, discounts or cash coupons.
  - 2. Each Student can ONLY use this offer once.
  - 3. This offer ONLY apply to January-February 2021 swimming course (Except student who Switch Course and Applications summited after the course started)
  - 4. Win Tin reserves all rights and final decision in case of dispute

Application Form	(Please check the relevant options and fill in	all information, otherwise the application will no	ot be processed.)

Appl	ication Form (P	lease check the rel	evant options and fill in all info	ormation, otherv	wise the	application will r	not be proc	essed.)		
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Tele	phone No.: (Mother's	Mobile)	(Father's Mo	obile)		(Swimmer	's Mobile	e)	_	
Pleas	se provide a telephone	no. that can rece	ive SMS (short message ser	vice). (Choos	e only o	one of the follow	wing.)			
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Date	of Birth (DD/MM/YY	YYY) :		Sex: Ma	le / Fen	nale				
Atte	nding School:			_ Grade & C	lass : C	Grade Cl	ass	Stude	ent No	
Resi	dential Address: (Di	strict, e.g. Tai W	ai) (Address	)						
Cod	es and Times of Sw	imming Cour	ses Applied for							
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## **Swimming Course Categories**

Students may choose from different types of swimming courses according to their ability, age and goals. There are three different levels of training with different training content:

1 Swimming Training → 2 Swimming Team Prep / School Swimming Team → 3 Win Tin Swimming Team

Swimming Course Age Group		Skill Level of Student	Course Details (Based on Win Tin's "Ten-Level Swimming Progress Chart")	Teacher-Student Ratio	
Beginners Prep	2-3 years old	From beginners to being able to swim freestyle 5m or less	Preparatory Course	1:2	
Nursery	3-4 years old	From beginners to being able to swim freestyle 5m or less	Level One Course	1:4	
Nursery and Children*	3-15 years old		Levels One to Six Courses For thos [Flexible teaching methods, _ swim		
Children	5-15 years old	Any skill level [from beginners to those who are proficient in all of the four styles]	courses are conducted in wide designated pools/lanes, and students are divided into groups	For those who can swim 50m: 1:8	
Adults	16 years old or above		according to their ability ]	1:8	
Swimming Team Prep	5-13 years old	Being able to swim freestyle 100m or more, backstroke or breaststroke 50m or more	Levels Six to Seven Courses	1:15	
Four Styles Improvement	8-16 years old	Being able to swim freestyle 200m, backstroke 100m, breaststroke 100m and butterfly stroke 50m	Level Seven Course	_ 1:15	

<sup>\*</sup>This course category is designated to be carried out in public swimming pools, and is not available in other pools.

### Win Tin's "Ten-Level Swimming Progress Chart"

Consists to ten levels. To ensure students' learning progress and safety, necessary changes will be made to the courses of this program according to the limitations of the arrangement of individual pools.

arrangement of individual pools.								
Level	Training Focus	Course	e Content	Objective				
Eight to Ten	Enhance the competition technique of 4 styles.	The middle to advance training system for     For details regarding Win Tin swimmi www.wtsc.com.hk	Improve personal confidence, determination an resilience, etc.     Have opportunities to participate in territory-wic public swimming contests     Outstanding performers will be recommended to join the Hong Kong National Squad Training Team					
Level	Main Style to Learn	Course Conte	ent and Sequence	Objective/Test				
Seven	All 4 styles – Butterfly stroke, backstroke, breaststroke and freestyle	Swimming competition rules     Improvement of jump-off, turn and pool-touching finish movements	Improvement of four styles techniques     Enhancement of endurance, speed and competition techniques.	Be able to complete 100 m in four styles Be able to complete time test for 50 m freestyle, backstroke, breaststroke and butterfly stroke Timed test for 50 m freestyle kicking using a kickboard				
Six	Butterfly stroke	Leg and arm technique     Arm and leg movement coordination     Technique decomposition	Arm and leg movement, and breathing coordination     Improvement of four styles' start techniques	Be able to complete 200 m in freestyles, 100 m backstroke and breaststroke, and 50 m butterfly stroke     Timed test for 50 m freestyle kicking using a kickboard				
Five	Breaststroke	Leg and arm technique     Arm movement and breathing coordination     Arm and leg movement, and breathing coordination	Treading in water     Breaststroke start technique	Be able to complete 100 m in freestyles, 50 m backstroke and 50 m breaststroke     Timed test for 50 m freestyle kicking using a kickboard				
Four	Backstroke and breaststroke kicking	Freestyle and backstroke technique improvement     Freestyle and backstroke distance training	Backstroke jump-off movement     Breaststroke kicking and arm movements	Be able to complete 50 m freestyle and 25 m backstroke     Timed test for 50 m freestyle kicking using a kickboard				
Three	Freestyle and backstroke	Freestyle and backstroke     Basic freestyle jump-off movements	Backstroke arm techniques     Coordination of backstroke arm and leg techniques	Be able to complete 25 m freestyle and 12.5 backstroke     Timed test for 25 m freestyle kicking using a kickboard				
Two	Freestyle and backstroke kicking technique	Freestyle arm and leg movements and kicking breathing coordination (with kickboard)     Freestyle arm and leg movements and kicking breathing coordination	Backstroke floating and body position     Backstroke kicking	Be able to complete 12.5 m freestyle     Master basic backstroke kicking				
One	Freestyle	Learning basic swimming techniques in a relax way, in a safe and comfortable swimming environment.     Basic leg movements and exhalation under water	Coordinate leg movements with breathing (straight arms holding the edge of the swimming pool)     Holating kicking and basic arm movements     Enhance self-confidence	Master basic breathing technique     Float-kicking     Basic arm and leg movements and breathing technique     Be able to swim 5 m freestyle				
Beginners Prep	Swimming interest cultivation and aquatic safety learning	Aquatic safety knowledge learning     Cultivate swimming interest through games in water     Exhalation under water (blow air bubbles)	Learn moving forward in water     Learn freestyle kicking and arm movements using a kickboard	Be able to exhale in water while using a kickboard and finish 5 m freestyle kicking				

## **Swimming Pools in Hong Kong**

### **Morrison Hill Swimming Pool**

Address: 7 Oi Kwan Road, Wan Chai, Hong Kong Meeting place: Swimming Pool main entrance Remarks: Except for temporary closures or match days, parents may bring their own swimming pool plastic slippers and enter the swimming pool area to observe the lesson at their own cost.

(Daily temporary closure hours: 12noon - 1pm; 5pm-6pm)

#### Siu Sai Wan Swimming Pool

Address:1/F Siu Sai Wan Complex, 15 Siu Sai Wan Road, Hong Kong

Meeting place: Swimming Pool main entrance Remarks: Except for temporary closures or match days, parents may bring their own swimming pool plastic slippers and enter the swimming pool area to observe the lesson at their own cost.

(Daily temporary closure hours: 12noon - 1pm; 5pm-6pm)

## **Application Methods**

#### Submit paper application form

Step 1 Fill in all information about the swimmer

Step 2 Fill in the desired courses and times

Step 3 Prepare a cheque of the required amount We do not accept cash in the pool Step 4

Submit the application form along with the cheque to the Company's office personally or by mail or deliver the same to the Company's swimming pool staff personally

### Submitting payment by cheque:

- Make the cheque payable to: Win Tin Swimming Club Ltd. (We do not accept promissory notes and postal money orders.)
- Cash is accepted in Win Tin Office for enrollment; Address: Room 1205, Fortress Tower, 250 Kings Road, North Point



## Nursery and Children Course (3 to 15 years old)

Skill Level of Student: Any skill level [from beginners to those who are proficient in all of the four strokes] Course Details: Level One to Six Courses (Based on Win Tin's "Ten Level Swimming Progress Chart") Teacher-student ratio: 1 : 6 (for those who cannot swim 50 m) / 1 : 8 (for those who can swim 50 m)

Pool	Swimming Course Code	Date	No. of Lesson	Weekly on	Regular Course Available Session (1 hour per lesson)			Tuition per Course	Fee per Lesson	Assessment Date	
Morison Hill	MH-A	2/1 – 27/2 (Except 13/2)	8	Sat	10:00 am*	11:00 am*	12:00 nn#		\$1,040	Morrison Hill \$130	20/2
Siu Sai	SW-A	2/1 – 27/2 (Except 13/2)	8	Sat	9:30 am*	10:45 am*	12:00 nn#		\$1,040	Siu Sai Wan	20/2
Wan	SW-U	3/1 – 28/2 (Except 14/2)	8	Sun	10:00 am* 4:00 pm*	11:00 am* 5:00 pm#	12:00 nn#	3:00 pm*	\$1,040	\$130	21/2

Class without specific lanes

Due to Chinese New Year, all swimming classes will be suspended from 11/2/2021 to 17/2/20201



## Four Style Improvement Course (8 to 16 years old)

Eligibility: Those who can swim 200m freestyle, 100m backstroke, 100m breaststroke and 50m butterfly stroke r 四式改良班 Teacher-student ratio: 1: 15

Pool	Swimming Course Code	Date	No. of Lesson	Weekly on	Regular Course Available Session (1 hour per lesson)	Tuition per Course	Fee per Lesson	Assessment Date
Siu Sai Wan	SW-7U	3/1 – 28/2 (Except 14/2)	8	Sun	5:00 pm#	\$960	Siu Sai Wan \$120	7/2 & 21/2

#Except for temporary closures or match days, parents may bring their own swimming pool plastic slippers and enter the swimming pool area to observe the lesson at their own cost.(Daily temporary closure hours: 12 noon - 1pm; 5pm - 6pm) Due to Chinese New Year, all swimming classes will be suspended from 11/2/2021 to 17/2/20201

#### **Enrolment and Student Model Code**

#### **Enrolment and Acceptance:**

- All students who intend to apply (whether new or old) must fill in all information in the application form and submit a proof of payment which meets the specifications (check or bank deposit receipt; please refer to the "How to apply" section on the application form). If there is missing information on the application form or the proof of payment does not meet the specifications, The Company reserves the right to not to process the application without providing any notice. The Company shall not be held responsible in case the student's application is unsuccessful for this reason.
- All fees required for enrolment must be successfully paid before the start of the swimming courses, otherwise The Company reserves the right to deem the application forfeited. The Company also reserves the right to deny the students attending lessons should there be any unpáid fees.
- The Company reserves the right to reject any applications submitted after the courses have started. If The Company accepts such applications, the students must pay the full cost of the courses
- All students enrolled in the Nursery and Children Course, Children Course, Adults Course, Swimming Team Preparation Course and Lam Tai Fai Swimming Team Training Course in the previous term must submit an application and pay the fees by the old student manner due to the limited quota of places of each swimming course; otherwise The Company will accept students in the "first come, first serve" manner due to the limited quota of places of each swimming course; otherwise The Company will process their applications as for new students. All new students enrolling in the Nursery and Children Course, Children Course, Adults Course, Swimming Team Preparation Course and Lam Tai Fai Swimming Team Training Course must submit an application by the new student enrolment deadline. Applications submitted or payments application by the new student enrollment deadline. Applications submitted or payments made after the enrollment deadline may cause delayed processing which results in failed application, which The Company shall not be responsible for.

  All students enrolled in the Beginners Prep Course, Nursery Course and Four Style Improvement Course in the previous term will be given priority in acceptance when they
- reapply to the same class and pay the fees by the old student enrolment deadline. All new students applying to the Beginners Prep Course, Nursery Course and Four Style
- students applying to the Beginners Prep Course, Nursery Course and Four Style Improvement Course must submit an application by the new student enrolment deadline and their acceptance will be decided by lottery. Applications submitted or payments made after the enrolment deadline may cause delayed processing which results in failed application, which The Company will not be responsible for.

  The Company will individually notify by phone (or partly by SMS) the enrolment status of students who have applied for the Beginners Prep Course and Nursery Course three days prior to the start of the course. For the enrollment before the enrolment deadline of the Nursery and Children Course, Children Course, Adults Course and Swimming Team Preparation Course, The Company will notify the enrolment status of students who have applied for the Swimming Course three days prior to the start of the Swimming Team Preparation Course by SMS. If the students are not accepted to their 1st preferred class, The Company will individually contact the students three days prior to the start of the Sat of the Seximan the lesson times of their 2nd and 3rd preferred classes to assist, in order to arrange time for lessons.

- lesson times of their 2nd and 3rd preferred classes to assist, in order to arrange time for lessons. If an application is unsuccessful, The Company will handle the submitted fees according to the student's will. If the student requires a refund, The Company will mail a cheque to the student's address stated on the application form within 30 working days after the start of the class the student applied to. If a student does not meet the requirements for the course, he/she is enrolled in (e.g. insufficient level of swimming skill) as confirmed by the coach during the first lesson, The Company will switch the student to an appropriate course. The student should pay the difference in fees. If the new course costs less than the original course, The Company will handle the exceeding amount according to the student's will. The student may withdraw from the course if he/she is not satisfied with the course switched. Since there have discount on students who applied swimming course continuously for 3 semesters while students who only applied 1 or 2 swimming courses do not have it, the exceeding amount will be counted depends on how many semesters did the student attended. A cheque carrying a partial refund for the remaining lessons will be mailed to the student's address stated on the application form within 30 working days. If there are any extraordinary circumstances, The Company reserves the right to change the coaches, class times and locations.

## Arrangements for Leave of Absence and Making up Missed Lessons:

There is no make-up lesson for the first lesson of all swimming courses.

Prerequisites for arranging make-up lesson:

(1) If students apply for sick leave, they must submit a valid medical certificate on the same day or within three days

(2) All leave applications must be applied to the pool manager, course assistant or coach 14 days before class.

- (2) All leave applications must be applied to the pool manager, course assistant or coach 14 days before class.

  The company reserves the right not to process any application for leave that is less than 14 days before the class, and the student will be treated as absenteeism from class on that day without making any make-up arrangements.

  The make-up lesson quota is calculated as follows:
  The number of make-up lessons is determined by the total number of lessons in each swimming class. You can apply for leave every 5 lessons and can arrange one make-up lesson. (e.g. 6 swimming class lessons can apply for 1 make-up lesson, or 13 swimming class lessons can apply for 2 make-up lessons, etc.)
  The Company will arrange for lessons at appropriate skill level for students as make-up lessons. Students may inquire and make arrangement with the pool manager, course assistant or coach regarding issues of make-up lessons. Student must complete all the make-up lessons in the same term. If the student is unable to take the make-up lessons within the same term, The Company reserves the right to deem that the student has renounced the make-up lessons and not make further arrangement of make-up lessons. If the student is absent for a make-up lesson, he'she is deemed to have renounced the make-up lesson and The Company will not arrange to make up for the same lesson twice. All arrangements for make-up lessons are not alterable once confirmed. All leaves of absence must be handled in the manner of make-up lessons. No refund shall be made for missed lessons.

  Any student who is unable to participate in the swimming class within a short time due to illness or physical injury (students must submit a doctor's certificate) (usually asking for leave for 2 weeks or more), can apply for suspension of class within 1 week after the doctor issues the certificate.

#### **Arrangements for Assessments:**

- There will be no assessments for students that have regular courses with less than eight

- lessons.

  For summer term assessments, please refer to the swimming class enrollment form. The Company will reserve the right to change the dates of assessments and inform students of such changes during lessons.

  The Company reserves the right to change the assessment date, and the changed arrangement will be informed to students and parents.

  For students who are absent or take leave of absence during assessment days, The Company will not make-up the assessment for them.

  The Company will issue a "Student Progress Report" at the last lesson of the course. Students who are absent or take leave of absence on that day shall obtain the "Student Progress Report" at the swimming pools within six months after the end of the course. If the assessment results are satisfactory, The Company will recommend the student to join Win Tin Swimming Team for a systematic competition training throughout the year.

## **Information on Win Tin Office**

Address: Room 1205, Fortress Tower, 250 Kings Road, North Point

(MTR Fortress Hill Exit B and turn right)

Fax: 2512 2486

Website: www.wtsc.com.hk E-mail: course@wtsc.com.hk

Office Hours: Monday — Friday 9:30am — 1pm, 2pm — 5pm; Saturday 9:30am — 1 pm; Closed on Sundays and public holidays

#### Other fees:

- New students who enroll in swimming class for the first time can receive a swimming cap in
- Any student can replace the damaged swimming cap in the form of 1 for 1 (not including

- the first class.

  Any student can replace the damaged swimming cap in the form of 1 for 1 (not including man-made damage).

  The cost of replacing the cap after the cap is damaged/lost is as follows:

  (1) The swimming cap fee for "Swimming Team Preparation Course" and Four Style Improvement Course is \$30 (charged per time);

  (2) The cap fee for the remaining swimming classes is \$30 (charged per visit). If parents or guardians of students' desire to observe the lessons, they must pay the entrance fee for public swimming pools managed by the Leisure and Cultural Services Department (no entrance is permitted during temporary closure of public swimming pools). For swimming pools NOT managed by the Leisure and Cultural Services Department, please refer to the Swimming Pools section on the application form for observation arrangements. Starting from 1st October 2020, if the student would like to obtain the certificate, The Company will collect an administration fee of HKD 50 for each certificate and student should like to personally at The Company will collect an administration fee of HKD 120. For the sake of processing the certificate application, students must submit the certificate application form together with the application fee to The Company will take two working weeks to handle the application.
- Club staff at the swimming pool. The Company will take the summany application. If the student would like to obtain the certificate after such period (no certificates overdue for six months or more will be re-issued). The Company will collect a processing fee of HKD 150. The student must pick it up personally at The Company office or the swimming pool. Student is also optional to obtain the certificate by post (Surface Mail), and The Company will collect a processing fee of HKD 220. If student would like to cancel the application due to any personal reason after the application has been submitted successfully, administration fee of HKD\$200 have to be paid for any cancel class.

#### Course rules:

- Students have to bring the following items to lessons:

  1. Swim cap of The Company (each new student will receive ONE swim cap free of charge during the first lesson);

  2. Swimming suit / swimming trunks;

  3. Swimming goggles;

  4. Outerwear / towel;

  5. Swimming pool slippers (must be slip-proof; please do not wear sandals)

  Do not eat too full before class.

  If student feels sick before lesson, it is suggested that you should seek a doctor as soon as possible.

- If students rees sick before lesson, it is suggested that you should seek a doctor as soon acpossible. To avoid hindrance to the learning progress. The Company does not encourage students to take leave or skip lessons without a sound reason.
  Only enrolled students are permitted to attend the lessons. Upon discovery that others have attended the lessons instead. The Company will terminate the student's enrolment status immediately and no refund of the fees paid will be made to the student. Students are not allowed to switch to a class of a different time or date by themselves. Upon discovery. The Company reserves the right to terminate the student's enrolment status and no refund of the fees paid will be made to the student. Students must arrive at the meeting place of the swimming pool 15 minutes prior to the start of lessons and be led to the swimming pool by The Company's coach or teaching assistant. Late arrivals are considered an absence and The Company will not arrange for make-up lessons.

- of lessons and be led to the swimming pool by The Company's coach or teaching assistant. Late arrivals are considered an absence and The Company will not arrange for make-up lessons.

  For safety purposes, at the end of lessons students must follow The Company's coach or teaching assistant in leaving the swimming pool and be dismissed. If the students desire to continue swimming after the lessons, they must be dismissed first and then re-enter the swimming pool in their own (applicable only to students taking lessons at swimming pools managed by the Leisure and Cultural Services Department and dependent on whether the swimming pool is open for public use at that time). If the students (including parents or guardians of students) cause damage to any public property, they must make compensation at the market value.

  The Company does not encourage students to bring valuable items to lessons. The Company is not responsible for any property loss occurred during lessons.

  Students must obey swimming pool regulations and follow the instructions of The Company's staff; otherwise The Company reserves the right to terminate the students' enrolment status and no refund of the fees paid will be made to the students.

  The Company is not responsible for bodily injuries caused by accidents outside the swimming pool area or not during the lessons.

  On the condition that private club swimming pools, school swimming pools and public swimming pools managed by the Leisure and Cultural Services Department are open to the general public, parents or guardians of students may choose to entier to observe the lessons. Yet, the Telford Recreation Club allows only 25 parents with a swimming pool pass per hour in the "Swimming Pool Parents' Area'; other parents may only go to the "Roottop Parents' Area' and "Rooftop Locker Room". For swimming pool area must obey the swimming pool regulations, wear their own swimming pool gools must wear swimwear and pay to enter through public entrance gates.

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#### Arrangements for Adverse Weather

Arrangements for				
Adverse Weather	和	<b>⊥</b> 3	833838 Red 和I	
PLK Siu Hon Sum Primary School Swimming Pool Heep Yunn School Swimming Pool	Normal Cancelled		Cancelled	
La Salle College Heated Swimming Pool	Normal		Can- celled	Cancelled
Other Swimming Pools	Normal			Cancelled

All lessons cancelled due to adverse weather, no compensation lesson will be arranged. \*For more information please visit the Club's website: www.wtsc.com.hk

**Inquiry and Enrolment Hotline: 2512 2793** 

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