	Win Ti	n Swimming (	Centre L	.td			
	A	ugust 2022 Sur	nmer		Attention A	<b>Applic</b>	ants!
		ng Course Appli		rm	Enrolment De For information or		
WITC		Jockey Club &			refer to the 'Enrol	ment ai	nd Student
VVISC		JUCKEY CIUD &		iaii)	Model Coc	e' secti	ion.
30 years of teaching club of Hong Kong Ch	experience, W ina Swimminរ្វ	ended to join the swim in Tin Swimming Club H g Association for 15 yea Club overall champions	nas been awar Irs consecutive	ded as th ely. Win 1	he highest score Tin Swimming C	e swin Club ga	nming arnered
Application Form (	Please check the re	levant options and fill in all info	ormation, otherwise	e the applica	ntion will not be proce	essed.)	
Swimmer's Information	1	□ I would li	ke to have a receip		ovide a self-addressed e		
Name : (Chinese)			(Er		incu, outerwise the requ		- ·
Telephone No. : (Mother	's Mobile)	(Father's Mo	obile)	(5	Swimmer's Mobile	)	
Please provide a telephon	e no. that can rec	eive SMS (short message ser	rvice). (Choose o	nly one of	the following.)		
□ Mother's Mobile □	Father's Mobile	Other :					
Date of Birth (DD/MM/Y	YYY) :		Sex : Male	Female			
Attending School :			_ Grade & Clas	s : Grade	Class	Studer	nt No
Residential Address : (I	District, e.g. Tai W	Vai) (Address	)				
Codes and Times of S			/ <u> </u>				
<ul> <li>contact by phone to con</li> <li>If the student is applyin application processing v</li> </ul>	firm the choice of the g for "Beginners Pre- vill be delayed. The C act the parents of stud	class, Win Tin will not give furth 2 <sup>nd</sup> preferred class or the 3 <sup>rd</sup> preferr p Course" or "Nursery Course", th ompany shall not be held responsib lents accepted to "Beginners Prep 0 ime of the courses.	ed class. e 2 <sup>nd</sup> preferred class a le in case the student'	and the 3 <sup>rd</sup> pr s application	referred class must be fi is unsuccessful for this	illed in, reason.	otherwise the
1 <sup>st</sup> Preferred	Class	2 <sup>nd</sup> Preferred	Class		3 <sup>rd</sup> Preferred	Class	
Swimming Course Code	Time	Swimming Course Code	Time	Swimm	ing Course Code		Time
1							
2							
vaccination requirements	or depending on	"Vaccine Pass", all person e the corresponding swimmin formation to facilitate the groupin	g pool precaution			COVII	D-19
-		troke can swimM, Breasts	stroke can swim	M , Butte	rfly can swimN	1	
□ Win Tin Swimming Club ( 1 How did you receive the cours	-	Progress Chart ) Level					
☐ Website □ School	$\Box$ Friend $\Box$ P	ost 🛛 Other					
		Make check payable	to		]		
		泳會有限公司 / Win Tin Swir	-				
carefully and sign, other I hereby declare that once I am Swimming Centre Ltd. Meanwl compensation from the Compar Company	wise the applica accepted to the course hile, I declare that I and y or the staff of the C	e or guardians of swimmer tion will not be processed.) E I have applied to, I will comply wi n in good physical condition and ca ompany in case of physical injury a	th the "Model Codes pable of participating and property loss incu	for Enrolmen in the course rred due to th	at and Students" establis I have applied to and we participation in the ac	hed by W vill not re tivities o	Win Tin ecover of the
correspondence address) for fut	· · · · · · · · · · · · · · · · · · ·	I accept Centre Ltd to use my perso rogramme/service promotion and co	ollecting opinions	ane, terephor		55, nome	auuress and
Name of Signer :		(Relationship with Sw	vimmer:	)	Signature :		
CA Old Student\$	by C/TR/CQ (	# -	dd D/	M) Colle	ected by on	D/	М

Remarks :

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Input by :

# Swimming Course Categories

Students may choose from different types of swimming courses according to their ability, age and goals. There are three different levels of training with different training content:

1 Swimming Training → 2 Swimming Team Prep / School Swimming Team → 3 Win Tin Swimming Team							
Swimming Course	Age Group	Skill Level of Student	Course Details (Based on Win Tin's "Ten-Level Swimming Progress Chart")	Teacher-Student Ratio			
Beginners Prep	2-3 years old	From beginners to being able to swim freestyle 5m or less	Preparatory Course	1:2			
Nursery	3-4 years old	From beginners to being able to swim freestyle 5m or less	Level One Course	1:4			
Nursery and Children*	3-15 years old		For those who Levels One to Six Courses swim 50m				
Children	5-15 years old	Any skill level [from beginners to those who are proficient in all of the four styles] [Flexible teaching methods, courses are conducted in wide designated pools/lanes, and students are divided into groups		For those who can swim 50m: 1 : 8			
Adults	16 years old or above		according to their ability	1:8			
Swimming Team Prep	5-8 years old	Being able to swim freestyle 100m or more, backstroke or breaststroke 50m or more	Levels Six to Seven Courses	1:15			
Four Styles	8-16 years old	Being able to swim freestyle 200m, backstroke 100m, breaststroke 100m and butterfly stroke 50m	Level Seven Course	1:15			

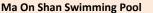
\*This course category is designated to be carried out in public swimming pools, and is not available in other pools.

Win Tin's "Ten-Level Swimming Progress Chart"								
Consists to ten levels. To ensure students' learning progress and safety, necessary changes will be made to the courses of this program according to the limitations of the arrangement of individual pools.								
Level	Training Focus	Cours	Objective					
Eight to Ten	Enhance the competition technique of 4 styles.	<ol> <li>The middle to advance training system for</li> <li>For details regarding Win Tin swimmi www.wtsc.com.hk</li> </ol>	<ul> <li>Improve personal confidence, determination and resilience, etc.</li> <li>Have opportunities to participate in territory-wid public swimming contests</li> <li>Outstanding performers will be recommended to join the Hong Kong National Squad Training Team</li> </ul>					
Level	Main Style to Learn	Course Conte	ent and Sequence	Objective/Test				
Seven	All 4 styles – Butterfly stroke, backstroke, breaststroke and freestyle	<ol> <li>Swimming competition rules</li> <li>Improvement of jump-off, turn and pool-touching finish movements</li> </ol>	<ol> <li>Improvement of four styles techniques</li> <li>Enhancement of endurance, speed and competition techniques.</li> </ol>	<ul> <li>Be able to complete 100 m in four styles</li> <li>Be able to complete time test for 50 m freesty backstroke, breaststroke and butterfly stroke</li> <li>Timed test for 50 m freestyle kicking using a kickboard</li> </ul>				
Six	Butterfly stroke	<ol> <li>Leg and arm technique</li> <li>Arm and leg movement coordination</li> <li>Technique decomposition</li> </ol>	<ol> <li>Arm and leg movement, and breathing coordination</li> <li>Improvement of four styles' start techniques</li> </ol>	<ul> <li>Be able to complete 200 m in freestyles, 100 backstroke and breaststroke, and 50 m butterl stroke</li> <li>Timed test for 50 m freestyle kicking using a kickboard</li> </ul>				
Five	Breaststroke	<ol> <li>Leg and arm technique</li> <li>Arm movement and breathing coordination</li> <li>Arm and leg movement, and breathing coordination</li> </ol>	4. Treading in water 5. Breaststroke start technique	<ul> <li>Be able to complete 100 m in freestyles, 50 m backstroke and 50 m breaststroke</li> <li>Timed test for 50 m freestyle kicking using a kickboard</li> </ul>				
Four	Backstroke and breaststroke kicking	<ol> <li>Freestyle and backstroke technique improvement</li> <li>Freestyle and backstroke distance training</li> </ol>	<ol> <li>Backstroke jump-off movement</li> <li>Breaststroke kicking and arm movements</li> </ol>	<ul> <li>Be able to complete 50 m freestyle and 25 m backstroke</li> <li>Timed test for 50 m freestyle kicking using a kickboard</li> </ul>				
Three	Freestyle and backstroke	1. Freestyle and backstroke 2. Basic freestyle jump-off movements	<ol> <li>Backstroke arm techniques</li> <li>Coordination of backstroke arm and leg techniques</li> </ol>	<ul> <li>Be able to complete 25 m freestyle and 12.5 backstroke</li> <li>Timed test for 25 m freestyle kicking using a kickboard</li> </ul>				
Two	Freestyle and backstroke kicking technique	<ol> <li>Freestyle arm and leg movements and kicking breathing coordination (with kickboard)</li> <li>Freestyle arm and leg movements and kicking breathing coordination</li> </ol>	3. Backstroke floating and body position 4. Backstroke kicking	Be able to complete 12.5 m freestyle     Master basic backstroke kicking				
One	Freestyle	<ol> <li>Learning basic swimming techniques in a relax way, in a safe and comfortable swimming environment.</li> <li>Basic leg movements and exhalation under water</li> </ol>	<ol> <li>Coordinate leg movements with breathing (straight arms holding the edge of the swimming pool)</li> <li>Floating kicking and basic arm movements</li> <li>Enhance self-confidence</li> </ol>	<ul> <li>Master basic breathing technique</li> <li>Float-kicking</li> <li>Basic arm and leg movements and breath technique</li> <li>Be able to swim 5 m freestyle</li> </ul>				
Beginners Prep	Swimming interest cultivation and aquatic safety learning	<ol> <li>Aquatic safety knowledge learning</li> <li>Cultivate swimming interest through games in water</li> <li>Exhalation under water (blow air bubbles)</li> </ol>	<ol> <li>Learn moving forward in water</li> <li>Learn freestyle kicking and arm movements using a kickboard</li> </ol>	<ul> <li>Be able to exhale in water while using a kickboard and finish 5 m freestyle kicking</li> </ul>				

### Sha Tin Jockey Club Swimming Pool

Address: 10 Yuen Wo Road, Sha Tin Water depth: 1.3 m (25-meter standard pool) Meeting place: Swimming pool main entrance Remarks: Except for temporary closures or match days, parents may bring their own swimming pool plastic slippers and enter the swimming pool area to observe the lesson at their own cost. (Daily temporary closure hours: 12 noon – 1pm; 6:30pm – 7:30pm)

## **Application Methods**



Address: 33 On Chun Street, Ma On Shan, Sha Tin. Meeting place: Swimming pool main entrance Remarks: Except for temporary closures or match days, parents may bring their own swimming pool plastic slippers and enter the swimming pool area to observe the lesson at their own cost. (Daily temporary closure hours: 12 noon – 1pm; 6:30pm – 7:30pm)



# Submitting payment by cheque :

- Make the cheque payable to: Win Tin Swimming Club Ltd. (We do not accept promissory notes and postal money orders.)

- Cash is accepted in Win Tin Office for enrollment ; Address: Room 1205, Fortress Tower, 250 Kings Road, North Point

	Children Course ( 5 to 15 years old )
	Eligibility: Any skill level
兒童班	Teacher-student ratio: 1: 6 (for those who cannot swim 50m) / 1 : 8 ( for those who swim 50m )

Pool	Swimming Course Code	Date	No. of Lesson	Weekly On	Available Session (1 hour per lesson)	Fee per Lesson	Tuition per Course	Assessment Date
Ma On Shan	MOS-MWF	15/8 – 31/8	8	Mon, Wed & Fri	1:00 pm* 2:15 pm*	Ma On Shan \$135	\$1,080	26/8
Sha Tin Jockey Club	ST-TT	16/8 – 30/8	5	Tue & Thu	4:00 pm* 5:30 pm*	Sha Tin Jockey Club \$135	\$675	N/A

\* Class without specific lanes

# Enrolment and Student Model Code

### **Enrolment and Acceptance:**

- All students who intend to apply (whether new or old) must fill in all information in the application form and submit a proof of payment which meets the specifications (check or bank deposit receipt; please refer to the "How to apply" section on the application form). If there is missing information on the application form or the proof of payment does not meet the specifications, The Company reserves the right to not to process the application without providing any notice. The Company shall not be held responsible in case the student's application is unsuccessful for this reason. All fees required for enrolment must be successfully paid before the start of the swimming courses, otherwise The Company reserves the right to deem the application forfeited. The Company also reserves the right to deem the application forfeited.
- Company also reserves the right to deny the students attending lessons should there be any unpaid fees.
- The Company reserves the right to reject any applications submitted after the courses have started. If The Company accepts such applications, the students must pay the full cost of the courses.
- All students enrolled in the Nursery and Children Course, Children Course, Adults Course, Swimming Team Preparation Course and Lam Tai Fai Swimming Team Training Course in the previous term must submit an application and pay the fees by the old student enrolment deadline, and The Company will accept students in the "first come, first serve" manner due to the limited quota of places of each swimming course; otherwise The manner due to the limited quota of places of each swimming course; otherwise The Company will process their applications as for new students. All new students enrolling in the Nursery and Children Course, Children Course, Adults Course, Swimming Team Preparation Course and Lam Tai Fai Swimming Team Training Course must submit an application by the new student enrolment deadline. Applications submitted or payments made after the enrolment deadline may cause delayed processing which results in failed application, which The Company shall not be responsible for. All students enrolled in the Beginners Prep Course, Nursery Course and Four Style Improvement Course in the previous term will be given priority in acceptance when they reapply to the scame class and pay the fees by the old student enrolment deadline. All new
- Improvement Course in the previous term will be given priority in acceptance when they reapply to the same class and pay the fees by the old student enrolment deadline. All new students applying to the Beginners Prep Course, Nursery Course and Four Style Improvement Course must submit an application by the new student enrolment deadline and their acceptance will be decided by lottery. Applications submitted or payments made after the enrolment deadline may cause delayed processing which results in failed application, which The Company will not be responsible for. The Company will individually notify by phone (or partly by SMS) the enrolment status of students who have applied for the Beginners Prep Course and Nursery Course three days prior to the start of the course. For the enrollment before the enrolment deadline of the Nursery and Children Course, Children Course, Adults Course and Swimming Team Preparation Course, The Company will notify the enrolment status of students who have applied to their 1st preferred class. The Company will individually contact the students three days prior to the start of the swimming Team Preparation Course to the accepted to their 1st preferred class. The Company will individually contact the students three days prior to the start of the students who have applied for the is and 3rd preferred classes to assist, in order to arrange time for lesson.
- essons
- resson umes of their 2nd and 3rd preferred classes to assist, in order to arrange time for lessons. If an application is unsuccessful, The Company will handle the submitted fees according to the student's will. If the student requires a refund, The Company will mail a cheque to the student's address stated on the application form within 30 working days after the start of the class the student applied to. If a student does not meet the requirements for the course, he/she is enrolled in (e.g. insufficient level of swimming skill) as confirmed by the coach during the first lesson. The Company will switch the student to an appropriate course. The student shuld pay the difference in fees. If the new course costs less than the original course, The Company will handle the exceeding amount according to the student's will. The student may withdraw from the course if he/she is not satisfied with the course switched. Since there have discount on students who applied swimming course dontinuously for 3 semesters while student depends on how many semesters did the student attended. A cheque carrying a partial refund for the remaining lessons will be mailed to the student's address. If there are any extraordinary circumstances, The Company reserves the right to change the coaches, class times and locations.

- Arrangements for Leave of Absence and Making up Missed Lessons:
  There is no make-up lesson for the first lesson of all swimming courses.
  Prerequisites for arranging make-up lesson:

  (1) If students apply for sick leave, they must submit a valid medical certificate on the same day or within three days
  (2) All leave applications must be applied to the pool manager, course assistant or coach 14 days before class.

- (2) All leave applications must be applied to the pool manager, course assistant or coach 14 days before class. The company reserves the right not to process any application for leave that is less than 14 days before the class, and the student will be treated as absenteeism from class on that day without making any make-up arrangements. The make-up lesson quota is calculated as follows: The number of make-up lessons is determined by the total number of lessons in each swimming class. You can apply for leave every 5 lessons and can arrange one make-up lesson. (e.g. 6 swimming class lessons can apply for 1 make-up lesson, or 13 swimming class lessons. Students may inquire and make arrangement with the pool manager, course assistant or coach regarding issues of make-up lessons. Students may inquire and make arrangement with the pool manager, course assistent or coach regarding issues of make-up lessons. Student must compare the student is unable to take the make-up lessons in the same term. If the student is unable to take the make-up lessons (e.g. failure to arrange a schedule etc.) or unable to finish the make-up lessons. If the student is subsent for a make-up lesson, she is deem that the student has renounced the make-up lesson and not make further arrangement of make-up lessons. All leaves of absent for a make-up lesson, he is deem to the student has renounced the make-up lessons. All leaves of absent or a make-up lesson, are not alterable once confirmed. All leaves of absents will not arrange to make-up lessons. No refund shall be made for missed lessons. Any student who is unable to participate in the swimming class within a short time due to illness or physical injury (students must submit a doctor's certificate) (usually asking for leave for 2 weeks or more), can apply for suspension of class within 1 week after the doctor issues the certificate.

# Arrangements for Assessments:

- There will be no assessments for students that have regular courses with less than eight
- Jessons. For summer term assessments for students that have regulat coalses with ress than regin tessons. For summer term assessments, please refer to the swimming class enrollment form. The Company will reserve the right to change the dates of assessments and inform students of such changes during lessons. The Company reserves the right to change the assessment date, and the changed arrangement will be informed to students and parents. For students who are absent or take leave of absence during assessment days, The Company will issue a "Student Progress Report" at the last lesson of the course. Students who are absent or take leave of absence on that day shall obtain the "Student Progress Report" at the swimming pools within six months after the end of the course. If the assessment results are satisfactory, The Company will recommend the student to join Win Tin Swimming Team for a systematic competition training throughout the year.

# Information on Win Tin Office

# **Other fees:**

- New students who enroll in swimming class for the first time can receive a swimming cap in the first class. Any student can replace the damaged swimming cap in the form of 1 for 1 (not including

- Any student can replace the damaged swimming cap in the form of 1 for 1 (not incruding man-made damage). The cost of replacing the cap after the cap is damaged/lost is as follows: (1) The swimming cap fee for "Swimming Team Preparation Course" and Four Style Improvement Course is \$30 (charged per time); (2) The cap fee for the remaining swimming classes is \$30 (charged per visit). If parents or guardians of students' desire to observe the lessons, they must pay the entrance fee for public swimming pools managed by the Leisure and Cultural Services Department (no entrance is permitted during temporary closure of public swimming pools). For swimming pools NOT managed by the Leisure and Cultural Services Department, please refer to the Swimming Pools section on the application form for observation arrangements. Starting from 1st October 2020, if the student would like to obtain the certificate, The Company will collect an administration fee of HKD 50 for each certificate and student should pick it up personally at The Company will collect an administration fee of HKD 120. For the sake of processing the certificate application, students must submit the certificate application form together with the application fee to The Company office or to submit them personally to Club staff at the swimming pool. The Company will take two working weeks to handle the application.
- Club staff at the swimming pool. The Company will take two working weeks to handle the application. If the student would like to obtain the certificate after such period (no certificates overdue for six months or more will be re-issued). The Company will collect a processing fee of HKD 150. The student must pick it up personally at The Company office or the swimming pool. Student is also optional to obtain the certificate by post (Surface Mail), and The Company will collect a processing fee of HKD 220. If student would like to cancel the application due to any personal reason after the application has been submitted successfully, administration fee of HKD\$200 have to be paid for any cancel class.

### **Course rules:**

- Students have to bring the following items to lessons:
  Swim cap of The Company (each new student will receive ONE swim cap free of charge during the first lesson);
  Swimming goggles;
  Outerwear / towel;
  Swimming pool slippers (must be slip-proof; please do not wear sandals)
  Do not eat too full before class.
  If student feels sick before lesson, it is suggested that you should seek a doctor as soon as nossible.

- If student feels sick before lesson, it is suggested that you should seek a doctor as soon as possible. To avoid hindrance to the learning progress, The Company does not encourage students to take leave or skip lessons without a sound reason. Only enrolled students are permitted to attend the lessons. Upon discovery that others have attended the lessons instead. The Company will terminate the student's enrolment status immediately and no refund of the fees paid will be made to the student. Students are not allowed to switch to a class of a different time or date by themselves. Upon discovery, The Company reserves the right to terminate the student's enrolment status and no refund of the fees paid will be made to the student. Students must arrive at the meeting place of the swimming pool 15 minutes prior to the start of lessons and be led to the swimming pool by The Company's coach or teaching assistant. Late arrivals are considered an absence and The Company will not arrange for make-up lessons.
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- Students must arrive at the meeting place of the swimming pool 15 minutes prior to the start of lessons and be led to the swimming pool by The Company's coach or teaching assistant. Late arrivals are considered an absence and The Company will not arrange for make-up lessons. For safety purposes, at the end of lessons students must follow The Company's coach or teaching assistant in leaving the swimming pool and be dismissed. If the students desire to continue swimming after the lessons, they must be dismissed first and then re-enter the swimming pool on their own (applicable only to students taking lessons at swimming pools managed by the Leisure and Cultural Services Department and dependent on whether the swimming pool is open for public use at that time). If the students (including parents or guardians of students) cause damage to any public property, they must make compensation at the market value. The Company does not encourage students to bring valuable items to lessons. The Company is not responsible for any property loss occurred during lessons. Students must obey swimming pool regulations and follow the instructions of The Company's staff; otherwise The Company reserves the right to terminate the students' enrolment status and no refund of the fees paid will be made to the students. The Company is not responsible for bodily injuries caused by accidents outside the swimming pool area or not during the lessons. On the condition that private club swimming pools, school swimming pools and public swimming pools managed by the Leisure and Cultural Services Department are open to the general public, parents or guardians of students may choose to enter to observe the lessons. Yet, the Telford Recreation Club allows only 25 parents with a swimming pool pass per hour in the "Swimming Pool Parents' Area", other parents may only go to the "Rootop Parents' Area" and "Rootfop Locker Room". For swimming pool smust follow the arrangements of the Company' stude tha swimming pool singers or suse to subpers on she covers

**Arrangements for Adverse Weather** 

## Arrangements for

Adverse Weather		277712 Amber 🛱	<b>L</b> 3	NATA Red 和工	<b>*</b> 8	了 JIIIII Black 黑
PLK Siu Hon Sum Primary School Swimming Pool Heep Yunn School Swimming Pool	Norr	mal	Can	celled	Can	celled
La Salle College Heated Swimming Pool	Normal		Can- celled		Cancelled	
Other Swimming Pools	Normal			Cancelled		

All lessons cancelled due to adverse weather, no compensation lesson will be arranged. \*For more information please visit the Company's website: www.wtsc.com.hk

Address: Room 1205, Fortress Tower, 250 Kings Road, North Point (MTR Fortress Hill Exit B and turn right) Tel: 2512 2793 Fax: 2512 2486 Website : www.wtsc.com.hk E-mail : course@wtsc.com.hk Office Hours : Monday - Friday · 9:30am - 1pm · 2pm - 5pm ; Saturday · 9:30am - 1pm ; Closed on Sundays and public holidays