



Win Tin Swimming Club

March – April 2026

Swimming Course Application Form (Sun Yat Sen Memorial Park)

Attention Applicants!

Jan to Feb 2026 Old Student Enrolment Deadline*: **1 Feb**

New Student Enrolment Deadline: **8 Feb**

*Any existing student applying after the 'Old student enrolment Deadline' will be regarded as a new student for processing.

For information on enrolment please refer to the 'Enrolment and Student Model Code' section.

Potential students will be recommended to join the swimming team of Win Tin Swimming Club. With over 30 years of teaching experience, Win Tin Swimming Club has been awarded as the highest score swimming club of Hong Kong China Swimming Association for 15 years consecutively. Win Tin Swimming Club garnered the Boys overall, Girls overall and Club overall championship over 120 times in local important swimming competitions

Application Form

Swimmer's Information

(Please check the relevant options and fill in all information, otherwise the application will not be processed.)

I would like to have a receipt. (Please provide a self-addressed envelope with a \$ 2.2 stamp affixed, otherwise the request will not be processed.)

Name : (Chinese) _____ (English) _____

Telephone No. : (Mother's Mobile) _____ (Father's Mobile) _____ (Swimmer's Mobile) _____

Please provide a telephone no. that can receive SMS (short message service) and Whatsapp. (Choose only one of the following.)

Mother's Mobile Father's Mobile Other : _____

Date of Birth (DD/MM/YYYY) : _____ Sex : Male / Female

Attending School : _____ Grade & Class : Grade _____ Class _____ Student No. _____

Residential Address : (District, e.g. Tai Wai) _____ (Address) _____

Codes and Times of Swimming Courses Applied for

- If the student is accepted to the 1st preferred class, Win Tin will not give further notice; if the student is not accepted to the 1st preferred class, Win Tin will contact by phone to confirm the choice of the 2nd preferred class or the 3rd preferred class.
- If the student is applying for "Beginners Prep Course" or "Nursery Course", the 2nd preferred class and the 3rd preferred class must be filled in, otherwise the application processing will be delayed. The Company shall not be held responsible in case the student's application is unsuccessful for this reason.
- The Company will contact the parents of students accepted to "Beginners Prep Course" and "Nursery Course" by phone (or partly by SMS) three days prior to the start of the courses, to notify them of the time of the courses.

1 st Preferred Class		2 nd Preferred Class		3 rd Preferred Class	
Swimming Course Code	Time	Swimming Course Code	Time	Swimming Course Code	Time
①					
②					
③					

Make the cheque payable to :

泳天游泳會有限公司 / Win Tin Swimming Club Ltd.

Declaration (Swimmers aged 18 or above or guardians of swimmers aged under 18 must read the following declaration carefully and sign, otherwise the application will not be processed.)

I hereby declare that once I am accepted to the course I have applied to, I will comply with the "Model Codes for Enrolment and Students" established by Win Tin Swimming Club Ltd. Meanwhile, I declare that I am in good physical condition and capable of participating in the course I have applied to and will not recover compensation from the Company or the staff of the Company in case of physical injury and property loss incurred due to the participation in the activities of the Company. According to the Personal Data (Privacy) Ordinance, I accept Win Tin Swimming Club Ltd to use my personal data (including name, telephone numbers, email address, home address and correspondence address) for future communication, programme/service promotion and collecting opinions..

Name of Signer : _____ (Relationship with Swimmer: _____) Signature : _____

CA	Old Student\$ by C/TR/CQ (#	-	dd	D/	M)	Collected by	on	D/	M
WT	Input by :	Remarks :				R fm	on	D/	M	

Swimming Course Categories

Students may choose from different types of swimming courses according to their ability, age and goals. There are three different levels of training with different training content:

1 Swimming Training → 2 Swimming Team Prep / School Swimming Team → 3 Win Tin Swimming Team

Swimming Course	Age Group	Skill Level of Student	Course Details (Based on Win Tin's "Ten-Level Swimming Progress Chart")	Teacher-Student Ratio
 Beginners Prep	2-3 years old	From beginners to being able to swim freestyle 5m or less	Preparatory Course	1:2
 Nursery	3-4 years old	From beginners to being able to swim freestyle 5m or less	Level One Course	1:4
 Nursery and Children*	3-15 years old	Any skill level [from beginners to those who are proficient in all of the four styles]	Levels One to Six Courses [Flexible teaching methods, courses are conducted in wide designated pools/lanes, and students are divided into groups according to their ability]	For those who cannot swim 50m: 1:6 For those who can swim 50m: 1:8
 Children	5-15 years old			
 Adults	16 years old or above			1:8
 Swimming Team Prep	5-13 years old	Being able to swim freestyle 100m or more, backstroke or breaststroke 50m or more	Levels Six to Seven Courses	1:15
 Four Styles Improvement	8-16 years old	Being able to swim freestyle 200m, backstroke 100m, breaststroke 100m and butterfly stroke 25m	Level Seven Course	1:15

*This course category is designated to be carried out in public swimming pools, and is not available in other pools.

Win Tin's "Ten-Level Swimming Progress Chart"

Consists to ten levels. To ensure students' learning progress and safety, necessary changes will be made to the courses of this program according to the limitations of the arrangement of individual pools.

Level	Training Focus	Course Content		Objective
Eight to Ten	Enhance the competition technique of 4 styles.	1. The middle to advance training system for Win Tin's swimming team 2. For details regarding Win Tin swimming team course content, please visit our website: www.wtsc.com.hk		<ul style="list-style-type: none"> • Improve personal confidence, determination and resilience, etc. • Have opportunities to participate in territory-wide public swimming contests • Outstanding performers will be recommended to join the Hong Kong National Squad Training Team
Level	Main Style to Learn	Course Content and Sequence		Objective/Test
Seven	All 4 styles – Butterfly stroke, backstroke, breaststroke and freestyle	1. Swimming competition rules 2. Improvement of jump-off, turn and pool-touching finish movements		<ul style="list-style-type: none"> • Be able to complete 100 m in four styles • Be able to complete time test for 50 m freestyle, backstroke, breaststroke and butterfly stroke • Timed test for 50 m freestyle kicking using a kickboard
Six	Butterfly stroke	1. Leg and arm technique 2. Arm and leg movement coordination 3. Technique decomposition		<ul style="list-style-type: none"> • Be able to complete 200 m in freestyles, 100 m backstroke and breaststroke, and 50 m butterfly stroke • Timed test for 50 m freestyle kicking using a kickboard
Five	Breaststroke	1. Leg and arm technique 2. Arm movement and breathing coordination 3. Arm and leg movement, and breathing coordination		<ul style="list-style-type: none"> • Be able to complete 100 m in freestyles, 50 m backstroke and 50 m breaststroke • Timed test for 50 m freestyle kicking using a kickboard
Four	Backstroke and breaststroke kicking	1. Freestyle and backstroke technique improvement 2. Freestyle and backstroke distance training		<ul style="list-style-type: none"> • Be able to complete 50 m freestyle and 25 m backstroke • Timed test for 50 m freestyle kicking using a kickboard
Three	Freestyle and backstroke	1. Freestyle and backstroke 2. Basic freestyle jump-off movements		<ul style="list-style-type: none"> • Be able to complete 25 m freestyle and 12.5 backstroke • Timed test for 25 m freestyle kicking using a kickboard
Two	Freestyle and backstroke kicking technique	1. Freestyle arm and leg movements and kicking breathing coordination (with kickboard) 2. Freestyle arm and leg movements and kicking breathing coordination		<ul style="list-style-type: none"> • Be able to complete 12.5 m freestyle • Master basic backstroke kicking
One	Freestyle	1. Learning basic swimming techniques in a relax way, in a safe and comfortable swimming environment. 2. Basic leg movements and exhalation under water		<ul style="list-style-type: none"> • Master basic breathing technique • Float-kicking • Basic arm and leg movements and breathing technique • Be able to swim 5 m freestyle
Beginners Prep	Swimming interest cultivation and aquatic safety learning	1. Aquatic safety knowledge learning 2. Cultivate swimming interest through games in water 3. Exhalation under water (blow air bubbles)		<ul style="list-style-type: none"> • Be able to exhale in water while using a kickboard and finish 5 m freestyle kicking

Swimming Pools in Hong Kong Island

Sun Yat Sen Memorial Park Swimming Pool

Address: 16 Eastern Street North, Sai Ying Pun, HK

Meeting place: Swimming Pool main entrance

Remarks: Except for temporary closures or match days, parents may bring their own swimming pool plastic slippers and enter the swimming pool area to observe the lesson at their own cost.

(Daily temporary closure hours: 12noon – 1pm; 5pm-6pm)

Kennedy Town Swimming Pool

Address: 2 Sai Cheung Street North, Kennedy Town, HK.

Meeting place: Swimming Pool main entrance

Remarks: Except for temporary closures or match days, parents may bring their own swimming pool plastic slippers and enter the swimming pool area to observe the lesson at their own cost.

(Daily temporary closure hours: 12noon – 1pm; 5pm-6pm)

Application Methods

Submit paper application form

Step 1

Fill in all information about the swimmer

Step 2

Fill in the desired courses and times

Step 3

Prepare a cheque of the required amount

* We do not accept cash in the pool

Step 4

Submit the application form along with the cheque to the Company's office personally or by mail or deliver the same to the Company's swimming pool staff personally

Submitting payment by cheque:

- Make the cheque payable to: Win Tin Swimming Club Ltd. (We do not accept promissory notes and postal money orders.)
- Cash is accepted in Win Tin Office for enrollment ; Address: Room 1205, Fortress Tower, 250 Kings Road, North Point

^ Sun Yat Sen Memorial Park Swimming Pool will undergo maintenance from 16/4/2026 to 5/6/2026 and all swimming lessons will be arranged to Kennedy Town Swimming Pool.



Nursery and Children Course (3 to 15 years old)

Skill Level of Student : Any skill level [from beginners to those who are proficient in all of the four strokes]

Course Details: Level One to Six Courses (Based on Win Tin's "Ten Level Swimming Progress Chart")

Teacher-student ratio: 1: 6 (for those who cannot swim 50 m) / 1: 8 (for those who can swim 50 m)

Pool	Swimming Course Code	Date	No. of Lesson	Weekly on	Available Session (1 hour per lesson)				Fee per Lesson	Tuition per Course	Assessment Date
Sun Yat Sen Memorial Park^	SYS-F	6/3 – 24/4	8	Fri	4:00 pm*	5:00 pm#	6:00 pm*	7:00 pm*	\$1,320	Sun Yat Sen Memorial Park	3/4
	SYS-A	7/3 – 25/4	8	Sat	9:00 am*	10:00 am*	11:00 am*	12:00 nn#			
	SYS-U	1/3 – 26/4	9	Sun	2:00 pm*	3:00 pm*	4:00 pm*				



Swimming Team Prep Course (9 to 13 years old)

Age Group: 5 to 13 years old (HKP1 & HKP3), 9 to 13 years old (HKP2)

Skill Level of Student: Those who can swim freestyle 100 m or more, and backstroke or breaststroke 50 m or more

Course Details: Level Six to Seven Courses (Based on Win Tin's "Ten Level Swimming Progress Chart")

Teacher-student ratio : 1 : 15

Swimming Course Code	Date	No. of Lesson	Pool	Weekly on	Available Session		Fee per Lesson	Tuition Per Course	Assessment Date
HKP2	4/3 – 29/4	17	Kennedy Town	Wed	7:00 pm* (1 hour per lesson)		\$155	\$2,635	3/4 & 8/4
			Sun Yat Sen Memorial Park^	Fri	7:00 pm* (2 hours per lesson)				



Four Style Improvement Course (8 to 16 years old)

Eligibility: Those who can swim 200m freestyle, 100m backstroke, 100m breaststroke and 25m butterfly stroke

Teacher-student ratio: 1: 15

Pool	Swimming Course Code	Date	No. of Lesson	Weekly on	Available Session (1 hour per lesson)		Fee per Lesson	Tuition per Course	Assessment Date
Sun Yat Sen Memorial Park^	SYS-7A	7/3 – 25/4	8	Sat	12:00 nn#		\$155	\$1,240	4/4 & 11/4



Adults (16 years old or above)

Eligibility : Any skill level

Teacher-student ratio : 1 : 8

Pool	Swimming Course Code	Date	No. of Lesson	Weekly on	Available Session (1 hour per lesson)		Fee per Lesson	Tuition per Course	Assessment Date
Sun Yat Sen Memorial Park^	SYS-SW	6/3 – 24/4	8	Fri	8:00 pm*		\$165	\$1,320	3/4

Except for temporary closures or match days, parents may bring their own swimming pool plastic slippers and enter the swimming pool area to observe the lesson at their own cost. (Daily temporary closure hours: 12 noon – 1pm; 5pm – 6pm)

* Class without specific lanes

Enrolment and Student Model Code

Enrolment and Acceptance:

- All students who intend to apply (whether new or old) must fill in all information in the application form and submit a proof of payment which meets the specifications (check or bank deposit receipt; please refer to the "How to apply" section on the application form). If there is missing information on the application form or the proof of payment does not meet the specifications, The Company reserves the right to not to process the application without providing any notice. The Company shall not be held responsible in case the student's application is unsuccessful for this reason.
- All fees required for enrolment must be successfully paid before the start of the swimming courses, otherwise The Company reserves the right to deem the application forfeited. The Company also reserves the right to deny the students attending lessons should there be any unpaid fees.
- The Company reserves the right to reject any applications submitted after the courses have started. If The Company accepts such applications, the students must pay the full cost of the courses.
- All students enrolled in the Nursery and Children Course, Children Course, Adults Course, Swimming Team Preparation Course and Lam Tai Fai Swimming Team Training Course in the previous term must submit an application and pay the fees by the old student enrolment deadline, and The Company will accept students in the "first come, first serve" manner due to the limited quota of places of each swimming course; otherwise The Company will process their applications as for new students. All new students enrolling in the Nursery and Children Course, Children Course, Adults Course, Swimming Team Preparation Course and Lam Tai Fai Swimming Team Training Course must submit an application by the new student enrolment deadline. Applications submitted or payments made after the enrolment deadline may cause delayed processing which results in failed application, which The Company shall not be responsible for.
- All students enrolled in the Beginners Prep Course, Nursery Course and Four Style Improvement Course in the previous term will be given priority in acceptance when they reapply to the same class and pay the fees by the old student enrolment deadline. All new students applying to the Beginners Prep Course, Nursery Course and Four Style Improvement Course must submit an application by the new student enrolment deadline and their acceptance will be decided by lottery. Applications submitted or payments made after the enrolment deadline may cause delayed processing which results in failed application, which The Company will not be responsible for.
- The Company will individually notify by phone (or partly by SMS) the enrolment status of students who have applied for the Beginners Prep Course and Nursery Course three days prior to the start of the course. For the enrollment before the enrolment deadline of the Nursery and Children Course, Children Course, Adults Course and Swimming Team Preparation Course, The Company will notify the enrolment status of students who have applied for the Swimming Course three days prior to the start of the Swimming Team Preparation Course by SMS.
- If the students are not accepted to their 1st preferred class, The Company will individually contact the students three days prior to the start of the 1st preferred class to confirm the lesson times of their 2nd and 3rd preferred classes to assist, in order to arrange time for lessons.
- If an application is unsuccessful, The Company will handle the submitted fees according to the student's will. If the student requires a refund, The Company will mail a cheque to the student's address stated on the application form within 30 working days after the start of the class the student applied to.
- If a student does not meet the requirements for the course, he/she is enrolled in (e.g. insufficient level of swimming skill) as confirmed by the coach during the first lesson, The Company will switch the student to an appropriate course. The student should pay the difference in fees. If the new course costs less than the original course, The Company will handle the exceeding amount according to the student's will. The student may withdraw from the course if he/she is not satisfied with the course switched. Since there have discount on students who applied swimming course continuously for 3 semesters while students who only applied 1 or 2 swimming courses do not have it, the exceeding amount will be counted depends on how many semesters did the student attended. A cheque carrying a partial refund for the remaining lessons will be mailed to the student's address stated on the application form within 30 working days.
- If there are any extraordinary circumstances, The Company reserves the right to change the coaches, class times and locations.

Arrangements for Leave of Absence and Making up Missed Lessons:

- No make-up lessons are allowed for the "Swimming Team Prep Course".
- There is no make-up lesson for the first lesson and assessment day of all swimming courses.
- Prerequisites for arranging make-up lesson:
 - (1) If students apply for sick leave, they must submit a valid medical certificate on the same day or within three days
 - (2) All leave applications must be applied to the pool manager, course assistant or coach 14 days before class.The company reserves the right not to process any application for leave that is less than 14 days before the class, and the student will be treated as absenteeism from class on that day without making any make-up arrangements.
- The make-up lesson quota is calculated as follows:
The number of make-up lessons is determined by the total number of lessons in each swimming class. You can apply for leave every 5 lessons and can arrange one make-up lesson. (e.g. 6 swimming class lessons can apply for 1 make-up lesson, or 13 swimming class lessons can apply for 2 make-up lessons, etc.)
- The Company will arrange for lessons at appropriate skill level for students as make-up lessons. Students may inquire and make arrangement with the pool manager, course assistant or coach regarding issues of make-up lessons. Student must complete all the make-up lessons in the same term. If the student is unable to take the make-up lessons (e.g. failure to arrange a schedule etc.) or unable to finish the make-up lessons within the same term, The Company reserves the right to deem that the student has renounced the make-up lessons and not make further arrangement of make-up lessons.
- If the student is absent for a make-up lesson, he/she is deemed to have renounced the make-up lesson and The Company will not arrange to make up for the same lesson twice.
- All arrangements for make-up lessons are not alterable once confirmed.
- All leaves of absence must be handled in the manner of make-up lessons. No refund shall be made for missed lessons.
- Any student who is unable to participate in the swimming class within a short time due to illness or physical injury (students must submit a doctor's certificate) (usually asking for leave for 2 weeks or more), can apply for suspension of class within 1 week after the doctor issues the certificate.

Arrangements for Assessments:

- There will be no assessments for students that have regular courses with less than eight lessons.
- For summer term assessments, please refer to the swimming class enrollment form.
- The Company will reserve the right to change the dates of assessments and inform students of such changes during lessons.
- The Company reserves the right to change the assessment date, and the changed arrangement will be informed to students and parents.
- For students who are absent or take leave of absence during assessment days, The Company will not make-up the assessment for them.
- The Company will issue a "Student Progress Report" at the last lesson of the course. Students who are absent or take leave of absence on that day shall obtain the "Student Progress Report" at the swimming pools within six months after the end of the course.
- If the assessment results are satisfactory, The Company will recommend the student to join Win Tin Swimming Team for a systematic competition training throughout the year.

Other fees:

- New students who enroll in swimming class for the first time can receive a swimming cap in the first class.
- Any student can replace the damaged swimming cap in the form of 1 for 1 (not including man-made damage).
- The cost of replacing the cap after the cap is damaged/lost is as follows:
 - (1) The swimming cap fee for "Swimming Team Preparation Course" and Four Style Improvement Course is \$30 (charged per time);
 - (2) The cap fee for the remaining swimming classes is \$30 (charged per visit).
- If parents or guardians of students' desire to observe the lessons, they must pay the entrance fee for public swimming pools managed by the Leisure and Cultural Services Department (no entrance is permitted during temporary closure of public swimming pools). For swimming pools NOT managed by the Leisure and Cultural Services Department, please refer to the Swimming Pools section on the application form for observation arrangements.
- Starting from 1st October 2020, if the student would like to obtain the certificate, The Company will collect an administration fee of HKD 50 for each certificate and student should pick it up personally at The Company office or the swimming pool. For obtaining the certificate by post (Surface Mail), The Company will collect an administration fee of HKD 120. For the sake of processing the certificate application, students must submit the certificate application form together with the application fee to The Company office or to submit them personally to Club staff at the swimming pool. The Company will take two working weeks to handle the application.
- If the student would like to obtain the certificate after such period (no certificates overdue for six months or more will be re-issued), The Company will collect a processing fee of HKD 150. The student must pick it up personally at The Company office or the swimming pool. Student is also optional to obtain the certificate by post (Surface Mail), and The Company will collect a processing fee of HKD 220.
- If student would like to cancel the application due to any personal reason after the application has been submitted successfully, administration fee of HKD\$200 have to be paid for any cancel class.

Course rules:

- Students have to bring the following items to lessons:
 - 1. Swim cap of The Company (each new student will receive ONE swim cap free of charge during the first lesson);
 - 2. Swimming suit / swimming trunks;
 - 3. Swimming goggles;
 - 4. Outerwear / towel;
 - 5. Swimming pool slippers (must be slip-proof; please do not wear sandals)
- Do not eat too full before class.
- If student feels sick before lesson, it is suggested that you should seek a doctor as soon as possible.
- To avoid hindrance to the learning progress, The Company does not encourage students to take leave or skip lessons without a sound reason.
- Only enrolled students are permitted to attend the lessons. Upon discovery that others have attended the lessons instead, The Company will terminate the student's enrolment status immediately and no refund of the fees paid will be made to the student.
- Students are not allowed to switch to a class of a different time or date by themselves. Upon discovery, The Company reserves the right to terminate the student's enrolment status and no refund of the fees paid will be made to the student.
- Students must arrive at the meeting place of the swimming pool 15 minutes prior to the start of lessons and be led to the swimming pool by The Company's coach or teaching assistant. Late arrivals are considered an absence and The Company will not arrange for make-up lessons.
- For safety purposes, at the end of lessons students must follow The Company's coach or teaching assistant in leaving the swimming pool and be dismissed. If the students desire to continue swimming after the lessons, they must be dismissed first and then re-enter the swimming pool on their own (applicable only to students taking lessons at swimming pools managed by the Leisure and Cultural Services Department and dependent on whether the swimming pool is open for public use at that time).
- If the students (including parents or guardians of students) cause damage to any public property, they must make compensation at the market value.
- The Company does not encourage students to bring valuable items to lessons. The Company is not responsible for any property loss occurred during lessons.
- Students must obey swimming pool regulations and follow the instructions of The Company's staff; otherwise The Company reserves the right to terminate the students' enrolment status and no refund of the fees paid will be made to the students.
- The Company is not responsible for bodily injuries caused by accidents outside the swimming pool area or not during the lessons.
- On the condition that private club swimming pools, school swimming pools and public swimming pools managed by the Leisure and Cultural Services Department are open to the general public, parents or guardians of students may choose to enter to observe the lessons. Yet, the Telford Recreation Club allows only 28 parents per hour in the "Swimming Pool Parents' Area"; other parents may only go to the "Rooftop Parents' Area" and "Rooftop Locker Room". For swimming pool passes and rules please inquire with The Company. Those who choose to enter the swimming pool area must obey the swimming pool regulations, wear their own swimming pool slippers or use the slippers or shoe covers provided by The Company; those who are entering public swimming pools must wear swimwear and pay to enter through public entrance gates.
- All those (including but not limited to students or parents or guardians of students) entering private club swimming pools and school swimming pools must follow the arrangements of The Company's staff (including but not limited to arrangements on observing lessons). The Company reserves the right to deny entrance to anyone who refuses to follow the arrangements. If any loss is incurred because of this, The Company will not arrange for make-up lessons or compensations in any other way.
- All persons (including but not limited to students or parents or guardians of students) should not use any other facilities affiliated to private club swimming pools or school swimming pools (except for facilities open to the general public and allowed to be used as permitted by the staff thereof, or certain facilities that such persons are qualified to use).
- All students must meet the conditions of that swimming pool changing room before entering. If the event of discrepancies between the Chinese and English versions, the Chinese version shall prevail.

Arrangements for Adverse Weather

Arrangements for				
Adverse Weather		 Amber	 Red	 Black
PLK Siu Hon Sum Primary School Swimming Pool		Normal	Cancelled	Cancelled
Heep Yunn School Swimming Pool				
La Salle College Heated Swimming Pool		Normal	Cancelled	Cancelled
Other Swimming Pools		Normal		Cancelled

- All lessons cancelled due to adverse weather, no compensation lesson will be arranged.

*For more information please visit the Club's website: www.wtsc.com.hk

Information on Win Tin Office

Inquiry and Enrolment Hotline: 2512 2793 / Whatsapp : 68866639

Address: Room 1205, Fortress Tower, 250 Kings Road, North Point
(MTR Fortress Hill Exit B and turn right)

Fax: 2512 2486 Website : www.wtsc.com.hk

E-mail : course@wtsc.com.hk

Office Hours: Monday — Friday 9:30am — 1pm, 2pm — 5pm; Saturday 9:30am — 1pm; Closed on Sundays and public holidays